

**This week's Bible readings**

Genesis 21.8-21

Romans 6.1b-11

Matthew 10.24-39

A series of reflections from the Church of England aimed at supporting good mental health during the coronavirus pandemic will provide themes for the BBC Radio 4 Daily Service over the next fortnight

[\*Supporting Good Mental Health\*](#), published at the start of the lockdown, will inform themes for the Radio 4 Daily Service from Monday June 15 to Friday June 26.

Daily Service is broadcast on weekdays at 9.45

The guide provides Bible quotations and reflections on a number of areas including living in isolation, loneliness and worry. It gives simple Christian meditation techniques and tips that could help people feeling isolated or anxious, as well as those who may be grieving.

Revd Professor Christopher Cook, Director of the Centre for Spirituality, Theology and Health at Durham University, who authored *Supporting Good Mental Health*, said: "These reflections, each linked to a biblical passage, and accompanied by simple, practical steps to facilitate reflection and prayer, were written to support good mental health. "I am delighted that they have been appreciated so widely amidst the challenges presented by COVID-19. I hope that they will help people to draw on spiritual resources to address present challenges of isolation, loss, anxiety and uncertainty."

**THE OPENING OF ST GILES FOR  
PRIVATE PRAYER**

As you will be aware the Government have announced that Churches will be able to be open from 15<sup>th</sup> June 2020 for private prayer. There are many restrictions behind the headlines and, with a medieval building served by volunteers who are predominantly in at-risk categories, this is not straightforward. A lot of thought is going into how this can be done at St Giles ensuring the safety of those who attend and those who steward. We will of course let you know as soon as we can when you are able to come in to St Giles again for private prayer.

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**THE OPENING OF ALL SAINTS,  
BARNBY IN THE WILLOWS FOR  
PRIVATE PRAYER**

You may have heard that All Saints, Barnby were planning on opening its doors this coming Saturday, 20<sup>th</sup> June from 12 noon to 3.00 pm for private prayer. However due to further guidance from the Diocese we are having to review this and so our plans are on hold pending further discussion. We will of course be in touch as soon as we can update you further.

## Give and support the work of your church

Our Churches depend on your generosity to make all we do possible.

Thank you so much to all of you that already do so much to contribute to the life of our churches.

Start regular online giving today, or set up a Standing Order by contacting the Treasurer of the relevant church.

MAKE A ONE OFF DONATION BY VISITING OUR WEBSITE <http://bbc-churches.org.uk/give/>

## The BBC Group of Churches

St Giles, Balderton, All Saints, Barnby in the Willows & All Saints, Coddington

GET IN TOUCH: Email: [stgilesbalderton@gmail.com](mailto:stgilesbalderton@gmail.com)

Tel: 01636 704811



A free phone line of hymns, reflections and prayers

**MORE ARTWORK NEEDED FOR ST GILES' CHURCH NOTICEBOARD**

We know you've seen and enjoyed how lovely our noticeboard has looked so far through lockdown. Well we'd like to encourage you to send in more artwork to enable us to keep it up to date and looking fabulous.

You can pop your offerings through the vicarage letter box at any time.  
THANK YOU

**NEW PAPER-COPY NEWSLETTER**

In an attempt to improve the way in which we stay connected with those without the internet, we have produced a newsletter aimed solely at those people. Our first edition came out last week and was really well received. If you know someone who is not on the internet who would appreciate a copy of this newsletter please drop us an email at [stgilesalderton@gmail.com](mailto:stgilesalderton@gmail.com) and we'll put them on our list.

A massive thank you too to all of our distributors. You are stars!

**The 200 CLUB**

The May and June Draws of the 200 Club which raises funds for the improvement of our Community Hall took place during online meetings of our PCC.

**May**

1<sup>st</sup> Prize of £52.50 went to No. 58 held by Dilys Carby.  
2<sup>nd</sup> Prize of £22.50 went to No. 4 held by Jean Newson.  
£75.00 was raised for the Improvement Fund.

**June**

1<sup>st</sup> Prize of £50.40 went to No. 60 held by Beryl Reed  
2<sup>nd</sup> Prize of £21.60 went to No. 32 held by Stanley Wilkinson  
£72.00 was raised for the Improvement Fund.

**Please subscribe**

Although, you may not see me during

lockdown, you can still participate in the 200 Club. Each number you subscribe to costs £2 a month (£24 per year) and all paid-up numbers are entered in a monthly draw. Half the monthly subscriptions go towards the Community Hall redevelopment fund, the other half is split – 70% to the first number drawn and 30% to the second number drawn.

Just contact me and I will send you the application/renewal forms. You can pay by cheque or, preferably by bank standing order; the details are on the application forms which I can send to you.

Ian Lawrence, 6 Collinson Lane, Fernwood, NG24 3GJ  
01636 605226  
[lindian002@gmail.com](mailto:lindian002@gmail.com)

**NEWARK FOODBANK**

*Thank you so much to everyone who is still finding a way to support our local Foodbank. This is very much appreciated.*



*Donations can currently be made at the supermarket as you do your weekly shop, or for Balderton residents you can currently drop off any parcels to the vicarage, 107 Main Street, Balderton.*

*Please leave any items under the porch and these will be collected regularly.*

*Alternatively you can also leave them at 6 Collinson Lane, Fernwood.*

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**To make a one-off gift**

To make a one-off donation please do a bank transfer to the following account, adding a reference to indicate the source and also send an email to [info@newark.foodbank.org.uk](mailto:info@newark.foodbank.org.uk). This will help them to recognise the source of the donation. Thank you in advance for supporting them in this way.

**CAF Bank Ltd**

Sort code: **40-52-40**  
Account: **00027004**

<https://newark.foodbank.org.uk/>

If you are "online" you can also access our weekly e-bulletin by signing up on our website [www.bbc-churches.org.uk](http://www.bbc-churches.org.uk) or alternatively give us a call and we can do it for you.

***Our Churches may be closed for the time being, but we are still here for you.***